World Mental Health Day

October 10th

2022

MIND OVER MATTERS

Oaks MENTAL HEALTH

KEYNOTE SPEAKER
Cara Taylor,
founder of Oaks Mental Health, therapist and mental health educator

Sign up for a 15 minute pre-recorded presentation designed for grades 6 to 12 about managing life with a mental illness diagnosis.

REGISTER NOW!

See website for details @
www.saskatooniec.ca/MindOverMattersEvents

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