



## ***A LITTLE SPOT OF EMPATHY***

**BY: DIANE ALBER**

---

YouTube link for *A Little Spot of Empathy*:

<https://www.youtube.com/watch?v=RBFHr6Zj39g>

Suggested activities:

Go through the scenarios below (or create your own scenarios) while having the students answer the three questions on how to practice empathy provided at the end of the book reading. This can be done as a large group discussion or in small groups or individually written in their notebooks:

The three questions are:

1. What could the person be feeling?
2. Have I felt that way before?
3. How would I want to be treated?

Scenarios

1. Sue was waiting outside the gym for basketball tryouts to start. She was standing beside Sarah who was pacing back and forth. Sue asked Sarah what was wrong, and Sarah replied that she didn't think the coach would even consider her because she is so short.
2. Greg walked into his sister's bedroom and found her crying. He asked her what was wrong, and she replied that she was thinking of her friends that she left behind when they moved cities.



3. Tyler did not do his part of the group project that was due the next day. When his group asked him why, he replied that his dog had died.
4. Tara found her best friend Jenny crying in the bathroom. When Tara asked her what was wrong, Jenny replied that she had failed her math test.

**OR**

Complete the Empathy Worksheet found at:

<https://positive.b-cdn.net/wp-content/uploads/2017/11/What-is-Empathy.pdf>

