



ONE

BY: KATHRYN OTOSHI

YouTube link for *One*: <https://www.youtube.com/watch?v=9eKniv4XF54>

Discussion or journal questions:

- Have you ever felt like Blue? Red? Yellow?
- Tell me when you felt that way?
- What would you do if you were Blue?
- Would you stand up for Blue?
- Has anyone ever said something that made you feel bad?
- What did you do when that happened?
- Did anyone help you?
- Do any of the characters in the book remind you of anyone that you know?
- Can you give examples of when people you know act like the colorful characters in the book?

Suggested Activity

Fill a basket or divided plastic container with the following:

- Wood dolls painted with acrylic paint. I did one for each color in the book, plus left one unpainted as well.
- Felt circles for each color, plus a cut-out of the number “1”
- Pompoms in colors matching the book. Include a small and a large for each color.
- Lego bricks – one per color.
- Markers and paper so kids can draw their own characters.



Read the story, and then let kids retell it using objects of their choice from the storytelling basket. Even if they veer away from stories about bullying, let them play and work it out in their own way.



This activity was retrieved from <https://booksandgiggles.com/simple-anti-bullying-activity-for-one/>

