



WHEN WE ARE KIND

WRITTEN BY: MONIQUE GRAY SMITH

ILLUSTRATED BY: NICOLE NEIDHARDT

Watch the video of author Monique Gray Smith discussing *When We are Kind* and reading the story. Monique Gray Smith provides follow up discussion after the story.

YouTube link to *When We are Kind*:

<https://www.youtube.com/watch?v=KVWvUvj5dN4&t=243s>

Extending Activity:

There were many examples of kindness throughout the story. Ask students to name a few examples.

Ask students if they can think of a time when they were kind to someone.

Also remind the students about the importance of being kind to themselves.

Kindergarten to grade 2

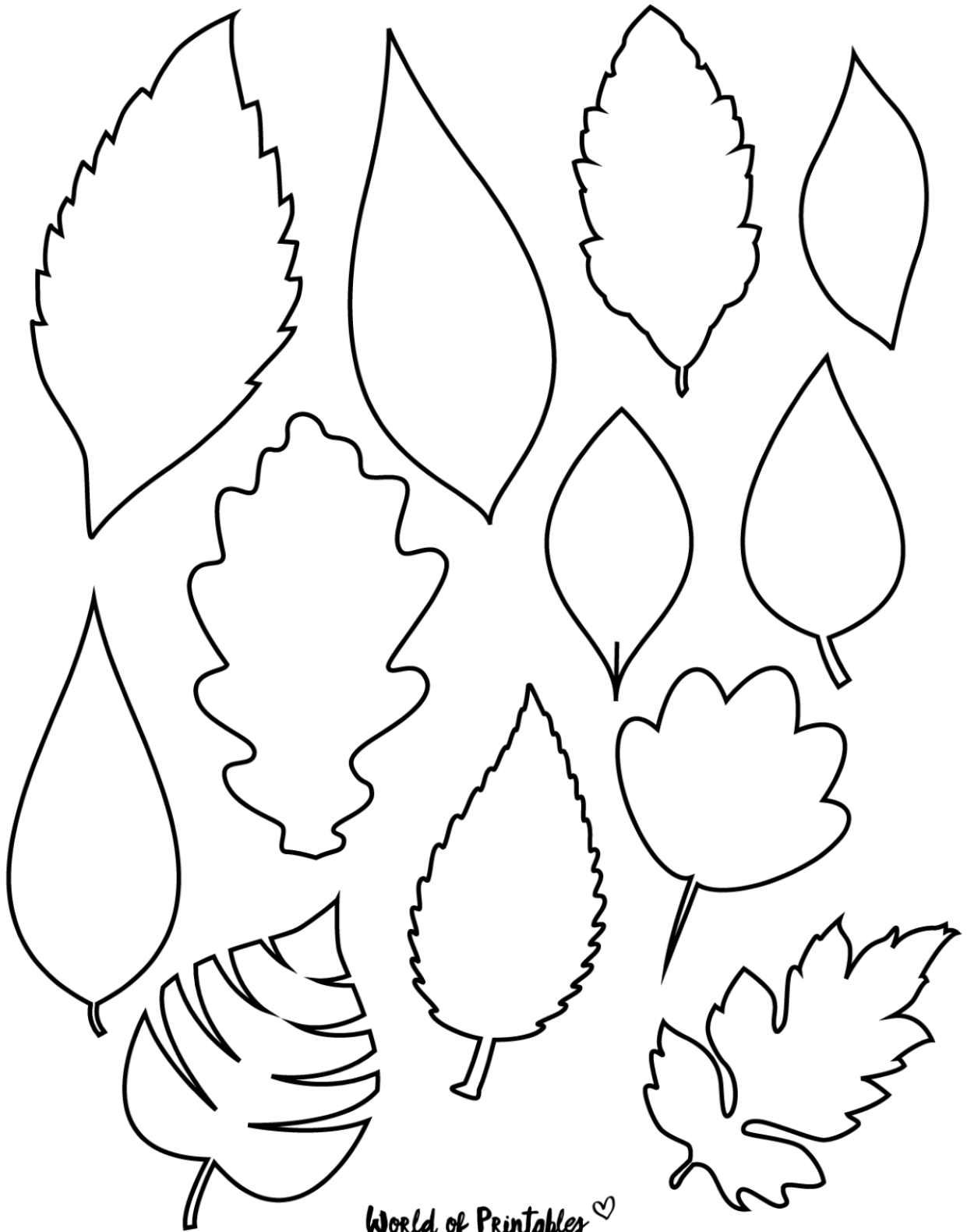
Have students create their own Kindness Tree (template provided)

Have students write kind deeds on the leaves and then cut out and glue onto the tree. They should think about times that they have been kind to others as well as something that they have done to be kind to themselves.

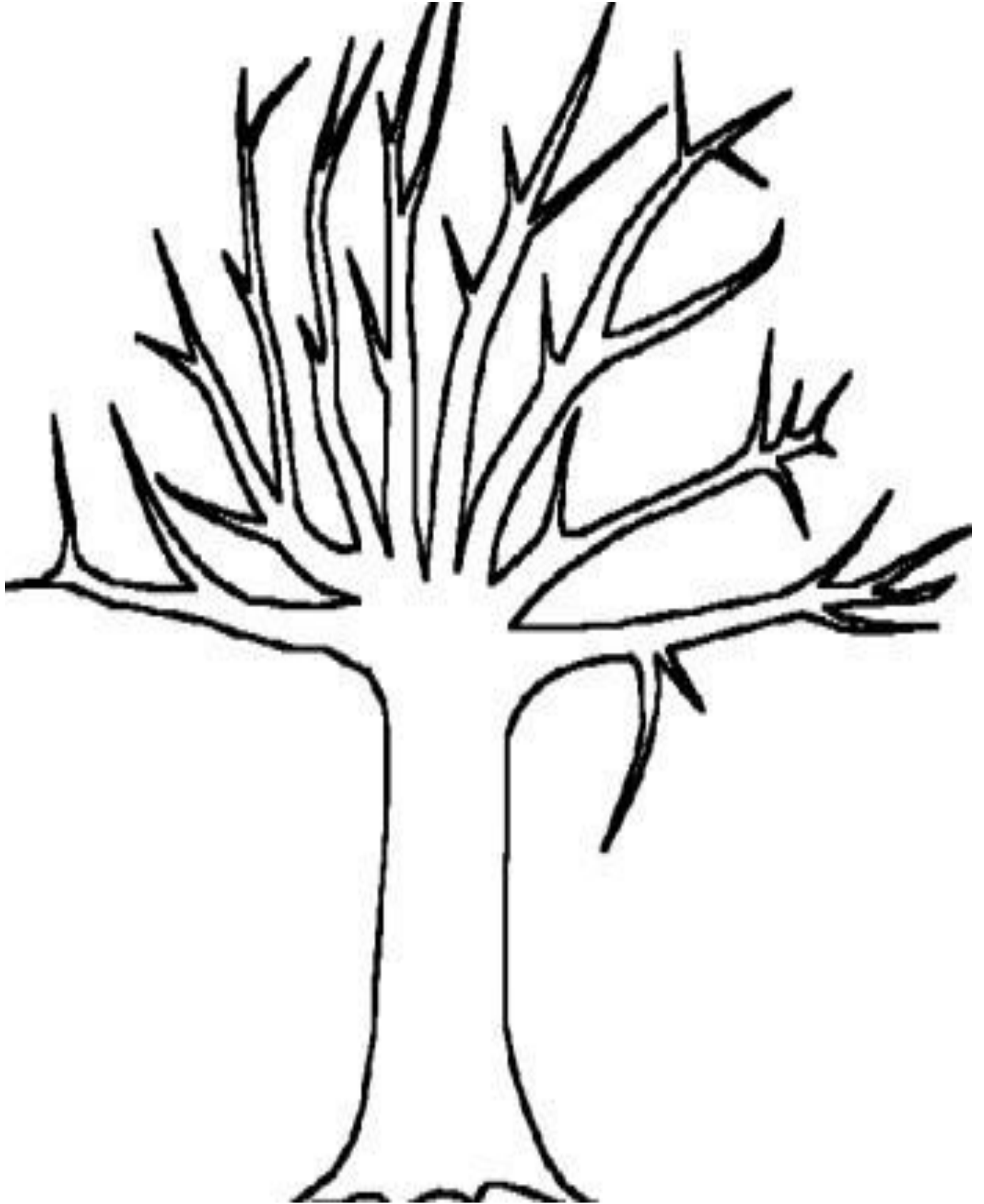
Grade 3 to Grade 5

Write a journal entry about kindness. 3 times you've been kind to someone, 2 times you've received kindness from someone and 1 way you have been or could be kind to yourself.





World of Printables 



ADDITIONAL RESOURCES CAN BE
FOUND AT saskatooniec.ca/mindovermatters
For more information, contact admin@saskatooniec.ca





ADDITIONAL RESOURCES CAN BE
FOUND AT saskatooniec.ca/mindovermatters
For more information, contact admin@saskatooniec.ca

