

**MAY 6, 2025**  
**PRAIRIELAND PARK | SASKATOON**

**7:30 AM - 8:30 AM**

**REGISTRATION & EXHIBITOR SHOWCASE**

**8:30 AM - 9:00 AM**

**WELCOME & OPENING REMARKS**

**9:00 AM - 10:30 AM**

**SESSION #1: DR. MICHAEL YELLOW BIRD**  
*NEURODECOLONIZATION AND INDIGENOUS MINDFULNESS*

**10:30 AM - 11:00 AM**

**NUTRITION BREAK & EXHIBITOR SHOWCASE**

**11:00 AM - 12:30 PM**

**SESSION #2: DR. SHIMI KANG**  
*THE FIRE OF OUR TIME: HOW TO MAXIMIZE THE BENEFITS AND MINIMIZE THE RISKS OF AI AND TECH*

**12:30 PM - 1:30 PM**

**LUNCH & NETWORKING**

**1:30 PM - 3:00 PM**

**SESSION #3: DR. LORI DESAUTELS**  
*OUR JOURNEY THROUGH THE DEVELOPING NERVOUS SYSTEM AS WE REWIRE OUR PERCEPTIONS OF DISCIPLINE*

**3:00 PM - 3:30 PM**

**CLOSING REMARKS**

**3:30 PM - 4:00 PM**

**EXHIBITOR SHOWCASE & NETWORKING**

**[WWW.SASKATOONIEC.CA/MINDOVERMATTERS](http://WWW.SASKATOONIEC.CA/MINDOVERMATTERS)**